

# Pathway to a New "Normal" - Updated 1/21/2022

Commonwealth Senior Living began implementing strict infection control measures at the onset of the COVID-19 pandemic and has followed CDC guidance, state and local health department directives as well as the protocols published by state licensing agencies since March 2020. The plan included three phases; Red, Yellow, and Green. Phase Red will include a minimum of a ten day pause after entering the phase to ensure it is safe to move forward. Phase Yellow protocols and restrictions will also be implemented for at least 10 days following three or more associate cases of COVID-19 in the community. Phase Green begins when there are less than three resident or associate cases of COVID-19 within the community for 10 days and at least 80% of residents are fully vaccinated.

All Commonwealth Senior Living communities have successfully completed multiple COVID-19 vaccine and booster clinics and we have mandated vaccination for CSL associates. We believe the following phases will provide our residents, families and associates the opportunity to return to normal as much as possible while continuing to enhance our prevention best practices. The safety of our residents and associates is our top priority, and we will return a community to Phase Red if at any point a confirmed resident case of COVID-19 occurs in our community, based on local Department of Health recommendations.



Phase Red protocols and restrictions will be implemented for at least 10 days following three or more confirmed resident cases of COVID-19 in the community within a 10 day period, and/or as directed by the federal, state, or county officials.



## COVID-19 Testing

- Test any persons who had close contact with the infected person
- If there is more than one case of COVID-19 in the community, all residents and associates will be tested. Testing will be repeated as directed by the health department or Regional Vice President.
- All unvaccinated associates, including agency staff, and essential visitors will be tested at the start of each shift with BinaxNOW Rapid Antigen tests.

<b>Screening</b>	All residents will be screened daily, essential visitors will be screened when arriving at the community, and associates will be screened at the start of each shift.
<b>Dining</b>	Communal dining will be suspended for all residents. As much social distancing as possible will be used for Sweet Memories Neighborhood residents and other residents who need assistance (one resident per table and tables spaced six feet apart).
<b>Activities</b>	Group activities are suspended for all residents. Any interactions must follow social distancing guidelines, a minimum of six feet apart. Shared activities such as puzzles, sensory items, and blankets and pillows will be removed from common areas. Activities in Sweet Memories Neighborhoods will use as much social distancing as possible. Residents' pets shall remain inside the resident's room at all times, except when dogs are taken outside to use the restroom. No outside pets may visit.
<b>Visitors</b>	Visitors are allowed for residents as long as the resident is not actively quarantined for positive COVID-19 or COVID-19 exposure. These visits should be scheduled and restricted to designated visitation areas only. Essential and compassionate care family visits are allowed (e.g. home health, hospice, etc) for resident(s) actively quarantining. These visitors are required to wear a mask or facial covering at all times and are restricted to the resident's room with minimum interaction with others. Community Experiences and Move-Ins may still occur according to protocol with signed acknowledgements/waivers. Salon/barber services will be provided for fully vaccinated residents, one person in the salon at a time, as long as the salon operator is fully vaccinated.
<b>Salon/Barber Services</b>	Allowed for fully vaccinated residents if operator is also fully vaccinated.
<b>Move Ins &amp; Returning Residents</b>	Move-Ins will be restricted based on state guidance and/or with an acknowledgement waiver. Residents will be asked to restrict outings to essential medical appointments and will be required to quarantine or test upon return.



Yellow Phase protocols and restrictions are implemented for at least 10 days following three or more confirmed associate cases of COVID-19 in the community within a ten day period, and/or as directed by federal, state, or county officials. If three or more resident cases are identified, red phase will be implemented.

*COVID-19 Testing*

- Test any persons who had close contact with the infected person
- If there are three or more cases of COVID-19 in the community, all unvaccinated residents will be tested. Testing will be repeated as directed by the health department or Regional Vice President.
- All unvaccinated associates, including agency staff, and essential visitors will be tested at the start of each shift with BinaxNOW Rapid Antigen tests.

<i>Screening</i>	Vaccinated residents are encouraged to self-report signs or symptoms of COVID-19. Unvaccinated residents will be screened daily. Essential visitors will be screened when arriving at the community. All associates will be screened at the start of each shift.
<i>Dining</i>	Communal dining will be suspended for unvaccinated residents. As much social distancing as possible will be used for Sweet Memories Neighborhood residents and other residents who need assistance (one resident per table and tables spaced six feet apart).
<i>Activities</i>	Group activities are suspended for unvaccinated residents. Any interactions must follow social distancing guidelines, a minimum of six feet apart. Shared activities such as puzzles, sensory items, and blankets and pillows will be removed from common areas. Activities in Sweet Memories Neighborhoods will use as much social distancing as possible. Residents' pets shall remain inside the resident's room at all times, except when dogs are taken outside to use the restroom. No outside pets may visit.
<i>Visitors</i>	Unvaccinated residents may have essential and compassionate care family visits (e.g. home health, hospice, etc) inside resident rooms, however all other visits must be in designated visitation areas while wearing a mask or facial covering at all times. Visitors will be screened upon arrival and will be required to wear a face covering at all times. Fully vaccinated visitors may remove their mask when visiting in the suite/apartment with fully vaccinated resident, unless prohibited by state or local requirements. Visitors will not have contact with other residents with the exception that fully vaccinated visitors may participate in dining and programming with fully vaccinated residents. If the resident has an unvaccinated companion, the visit must occur in a designated visiting area outside of the suite/apartment. Community Experience participants should follow all screening and masking protocols and interaction with residents and associates should be limited.
<i>Salon/ Barber Services</i>	Salon/barber services will be suspended for unvaccinated residents. Only one vaccinated resident will be received at a time to maintain social distancing guidelines. Salon/barber associates must wear a surgical/isolation facemask at all times and gloves while providing services to a resident, changing gloves and performing hand hygiene between residents. Salon/barber associates must be screened each day in accordance to associates/essential visitor screening. Supplies, tools, chair, etc must be sanitized between each resident. Salon/barber associates may not use handheld dryers and may not provide services to anyone other than residents inside the community.
<i>Move Ins &amp; Returning Residents</i>	Move-Ins will be restricted based on state guidance and/or with an acknowledgement waiver. Unvaccinated residents are asked to restrict outings to essential medical appointments only and will be required to quarantine or test upon return. Vaccinated residents may go on outings without a test or quarantine upon return. Unvaccinated residents returning from an overnight stay must quarantine for 10 days or pending a negative test result.



Green Phase plans will be implemented when ALL of the following are true:

- There have been no more than three resident or three associate cases of COVID-19 in the community in the past 10 days
- At least 80% of residents are fully vaccinated
- Permitted by your state/local health department

Fully vaccinated is defined as:

- All required doses of the vaccine have been completed, and
- It has been at least two weeks since the final dose

<p><i>Screening</i></p>	<p>Vaccinated residents are encouraged to self-report signs or symptoms of COVID-19 unless the state requires a full screening. Unvaccinated residents will be screened daily. Associates will be screened at the start of each shift. Unvaccinated associates, including agency staff, will be tested once per week using BinaxNOW Rapid Antigen tests.</p>
<p><i>Dining</i></p>	<p>Residents may enjoy a normal dining experience, including dining with others at the same table. Residents will be asked to wear a face covering when going to and from the dining room, but it may be removed while seated. Fully vaccinated visitors may participate in dining while following all other COVID-19 protocols. Anyone with symptoms of COVID-19 will not be allowed in the dining room. Local restrictions on dining room/restaurant capacities will be followed. Multiple dining sessions will be coordinated if necessary.</p>
<p><i>Activities</i></p>	<p>Residents may engage in activities without social distancing. Residents will be asked to wear a face covering when going to and from the activity room, but it may be removed during the activity, as long as all participants are fully vaccinated. Fully vaccinated visitors may participate in activities while following all other COVID-19 protocols. Anyone with symptoms of COVID-19 will not be permitted to participate in activities. Activity supplies will be cleaned and disinfected between used. Vaccinated residents will not have to be tested or quarantined following an outing.</p>
<p><i>Visitors</i></p>	<p>Residents may have visits to their apartment/suite:</p> <ul style="list-style-type: none"> <li>• Visitors will be screened upon arrival and are required to wear a face covering at all times. Fully vaccinated visitors may remove their mask when visiting in the apartment with a fully vaccinated resident, unless prohibited by state or local requirements</li> <li>• If the resident has an unvaccinated companion, the visit must occur in a designated area outside the apartment/suite</li> </ul> <p>Fully vaccinated visitors may participate in communal dining and activities.</p>
<p><i>Salon/ Barber Services</i></p>	<p>Salon/barber services will reopen under restrictions. Only one resident will be received at a time to maintain social distancing guidelines. Salon/barber associates must wear a surgical/isolation facemask at all times and be screened each day in accordance to associate/essential visitor screening. Supplies, tools, chair, etc. will be sanitized between each resident.</p>
<p><i>Move Ins &amp; Returning Residents</i></p>	<p>New move-ins who are unvaccinated will quarantine for 10 days or until negative COVID-19 test result is obtained. New move-ins who are fully vaccinated will be tested, but not required to quarantine. Unvaccinated residents returning from an overnight stay will quarantine for 10 days or until negative COVID-19 test result is obtained.</p>